

Grow training beyond the gym floor.

In-person sessions cap what a trainer can earn and how many people they can reach. With Bounce Back Smart, trainers program clients without being there in person, so one trainer can serve more people and your gym earns beyond in-person hours.

REVENUE

Remote programming packages

Sell monthly programming that clients follow on their own schedule, written by your trainers.

REVENUE

Hybrid memberships

Pair a few in-person sessions with programming in the app for the days in between.

RETENTION

Keep members between visits

Members who train between visits stay connected to their trainer, and your gym.

REACH

Serve people who can't come in

Travel, schedules, distance or recovery: they can still train with your team from home.

Everything your organisation needs to run it

What your admins see

Staff

People who can sign in to this gym. Each person belongs to one gym; staff sign in with a one-time code sent to their email.

[+ Invite staff](#)

How each trainer is doing

Sessions sent: last 30 days

TRAINER	CLIENTS	JOINED THROUGH THEM	SESSIONS SENT	CLIENT ADHERENCE	NEED ATTENTION
Gina L. admin	0	0	0	—	0
Toby G.	6	5	6	67%	0
Riley S.	4	4	7	75%	0
Not assigned	0	Members who joined through the gym's own link, or whose trainer left. Assign them from their page.			

Plan

New members Included (the gym pays) ▼

Applies to members who join from now on. To change it for one member, open their page.

Seats used 10 / 25 (15 left)

Sign-up link & QR code Open

To change your plan, seats, billing, or sign-up link, contact Bounce Back Smart.

- **Org dashboard.** Every trainer, the clients under them, sessions sent and client adherence on one page.
- **Sponsor access for members.** Your gym can cover members' app access, or let them pay for themselves.
- **Shared workout templates.** Your trainers share sessions to one library and reuse them for any client.
- **Activity reporting.** See who is training, how often, and who needs attention.
- **Checked before it's sent.** Every session is checked against each client's recorded restrictions and equipment before it goes out.
- **In person or remote.** Trainers can keep in-person clients on the same list as app clients.

1 Invite members

Trainers share a personal link or QR code. Members join the app, connected to your gym.

2 Program remotely

Trainers build sessions in the portal. Each one is checked, then lands in the member's app.

3 See the results

Members train and send feedback. You see sessions sent, adherence and who needs attention.